

# Treatment RESOURCE GUIDE



NH DEPT. OF HEALTH AND HUMAN SERVICES  
**NHBDAS**  
BUREAU OF DRUG AND ALCOHOL SERVICES

*Promoting Prevention and Recovery*

NH Department of Health and Human Services  
Division for Behavioral Health  
Bureau of Drug and Alcohol Services  
[dhhs.nh.gov/dcbcs/bdas/index.htm](http://dhhs.nh.gov/dcbcs/bdas/index.htm)  
[drugfreenh.org](http://drugfreenh.org)

Call 603.271.6738 or 800.804.0909 (toll-free in NH)

This Treatment Resource Guide provides a listing of **state-funded alcohol and drug misuse treatment programs**. For statewide referrals and information, dial 211 or visit <http://nhtreatment.org>.

If you or someone you know is experiencing an addiction-related crisis, call the NH Statewide Addiction Crisis Line at: 1.844.711.HELP (4357).

*“To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.”*

**NHBDAS Mission**

[dhhs.nh.gov/dcbcs/bdas/](http://dhhs.nh.gov/dcbcs/bdas/)

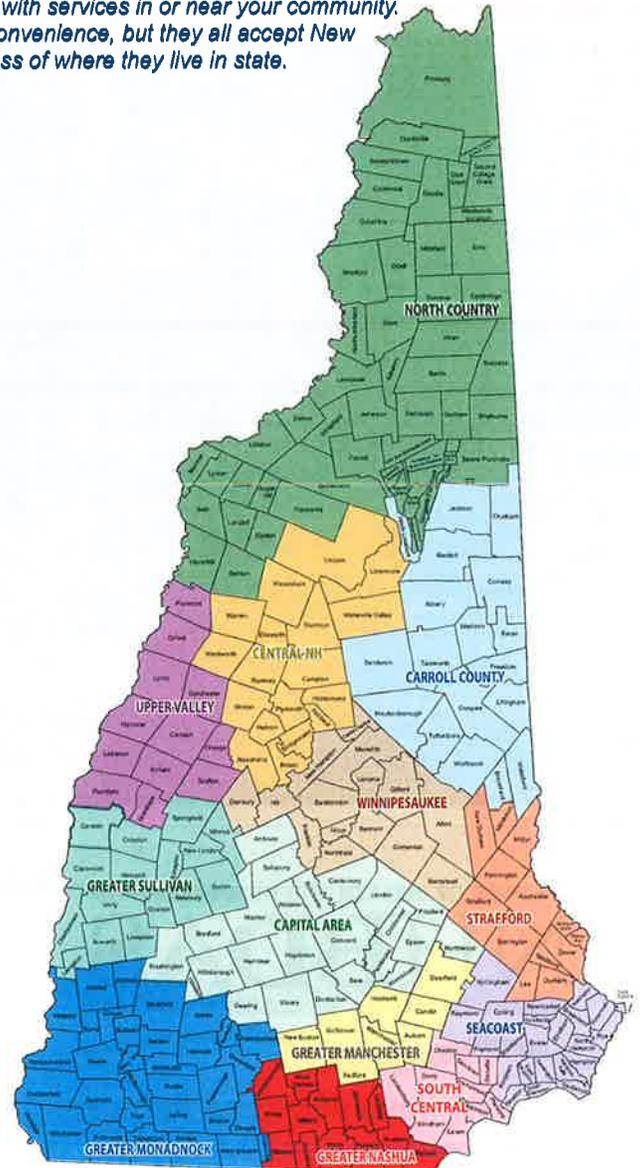
October 2016

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## By location

*Every community in New Hampshire is included in a Regional Public Health Network System. Turn to the page associated with your region or click the map on the PDF to automatically access the correct page with services in or near your community. Providers are listed by location for convenience, but they all accept New Hampshire residents regardless of where they live in state.*

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\* The Central NH, Carrol, Sullivan and South Central regions do not have state-funded alcohol and drug abuse treatment programs as of October 2016.

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**On electronic version: Click name to go to service.**

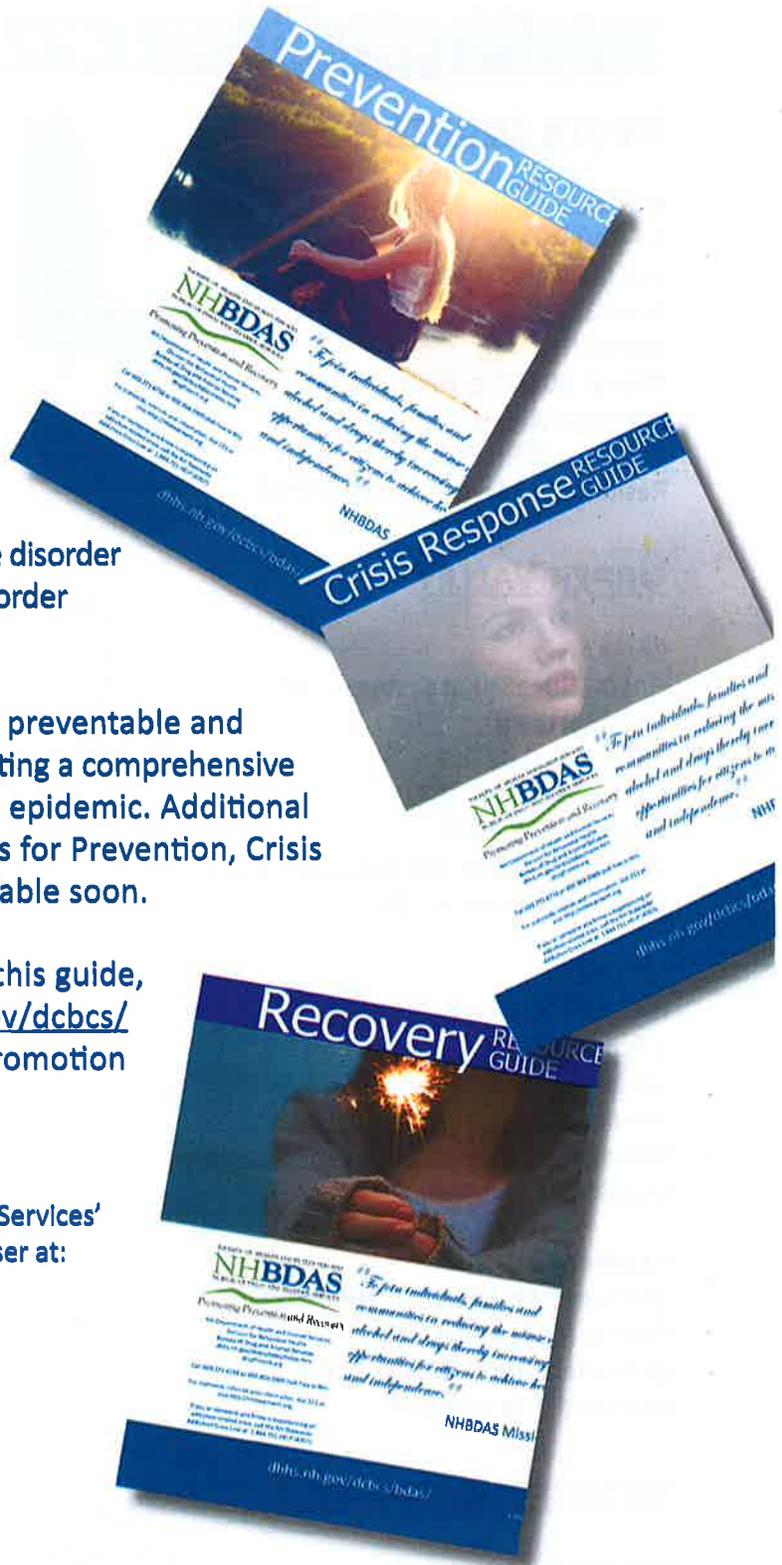
Go to the New Hampshire Treatment Locator to find information about additional services at: <http://nhtreatment.org/>

**T**his Treatment Resource Guide provides a listing of state-funded substance use disorder or alcohol and drug use disorder treatment options.

Substance use disorders (SUDs) are preventable and treatable, and the state is implementing a comprehensive and lasting response to address this epidemic. Additional resource guides providing resources for Prevention, Crisis Services, and Recovery will be available soon.

To receive an electronic version of this guide, please visit <http://www.dhhs.nh.gov/dcbcs/bdas/guide.htm> or e-mail Health Promotion Advisor Randy Moser at [Randolph.Moser@dhhs.nh.gov](mailto:Randolph.Moser@dhhs.nh.gov).

To receive the Bureau of Drug and Alcohol Services' e-newsletter, please also e-mail Randy Moser at: [Randolph.Moser@dhhs.nh.gov](mailto:Randolph.Moser@dhhs.nh.gov).



*Disclaimer: We have provided, to the best of our ability, the most accurate information that we have. Names and addresses sometimes change, so please contact Health Promotions Advisor Randy Moser at 603-271-4972 or email: [Randolph.Moser@dhhs.nh.gov](mailto:Randolph.Moser@dhhs.nh.gov) with any new information.*

Go to the New Hampshire Treatment Locator to find information about additional services at: <http://nhtreatment.org/>

# Treatment Facilities by Locations

## NORTH COUNTRY

### BERLIN

#### Tri-County CAP

610 Sullivan Street

Suite 303

Berlin, NH

Phone: 603-752-7941

Website: [www.tccap.org](http://www.tccap.org)

Services: OP, IOP, MAT

Residential Services: LI, HI, RMAT



### Webster Place (Men)

27 Holy Cross Rd.

Franklin, NH 3235

Phone: 603-622-3020

Website: [farnumcenter.org](http://farnumcenter.org)

Outpatient Services: OP, IOP, PH

Residential Services: TL, LI, HI, WM

## UPPER VALLEY

### CANAAN

#### HALO Educational Systems, LLC

44 Roberts Rd

Canaan, NH 03741

Phone: 603-359-3321

Fax: 603-523-8804

Website: [haloeducationalsystems.com](http://haloeducationalsystems.com)

Outpatient Services: OP



### GILFORD

Horizons Counseling Center

25 Country Club Rd # 705

Gilford, NH 03249

Phone: 603-524-8005

Fax: 603-524-7275

Website: [horizonsnh.org/index.html](http://horizonsnh.org/index.html)

Outpatient Services: OP (Gilford / Plymouth), IOP, MAT

## STRAFFORD COUNTY AREA

### DOVER

#### Southeastern NH Alcohol and Drug Abuse Services (Dover)

272 County Farm Road

Dover, NH 03820

Crisis Center: 603-516-8181

Phone: 603-516-8160

Fax: 603-749-3983

Website: [dovernhtreatmentcenter.org](http://dovernhtreatmentcenter.org)

Outpatient Services: OP, IOP, PH, WM

Residential Services: TL, LI, HI



### LEBANON

#### HALO Educational Systems, LLC

1 School Street

Lebanon, NH 03741

Phone: 603-359-3321

Website: [haloeducationalystems.com](http://haloeducationalystems.com)

Outpatient Services: OP

### Headrest

14 Church St, Lebanon, NH 03766

Phone: (603) 448-4400

Outpatient Services: OP, IOP

Residential Services: LI

## WINNIPESAUKEE AREA

### FRANKLIN

#### Farnum Center North

Ray House (Women)

14 Holy Cross Rd.

Franklin NH, 03235



## CAPITAL AREA

### CONCORD

#### Concord Hospital

Substance Use Services

250 Pleasant Street, Suite 5400

Concord, NH 03301

Phone: 603-225-2711 ext. 2521

Website: [www.concordhospital.org](http://www.concordhospital.org)

Fax: 603-227-7169

Outpatient Services: OP, IOP



**Riverbend Community Mental Health**  
 278 Pleasant St.  
 Concord, NH 03302-2032  
 Phone: 603-228-1600  
 Website: [www.riverbendcmhc.org](http://www.riverbendcmhc.org)  
 Outpatient Services: IOP, MAT

## **GREATER MANCHESTER**



**MANCHESTER**  
**Families in Transition /**  
**Family Willows Substance Use Treatment Center**  
 161 South Beech Street  
 Manchester, NH 03103  
 Phone: 603-641-9941 Ext. 401  
 Fax: 603-641-1244  
 Website: [www.fitnh.org/familywillows](http://www.fitnh.org/familywillows)  
 Outpatient Services: OP, IOP

**Farnum Outpatient Services**  
 140 Queen City Avenue  
 Manchester, NH 03101  
 Phone: 603-622-3020  
 Fax: 603-621-4295  
 Website: [farnumcenter.org](http://farnumcenter.org)  
 Outpatient Services: OP, IOP, PH  
 Residential Services: HI, WM

**Serenity Place**  
 101 Manchester Street  
 Manchester, NH 03101  
 Phone: 603-625-6980  
 Fax: 603-625-6982  
 Website: [serenityplace.org](http://serenityplace.org)  
 Outpatient Services: OP, IOP, OWM, PH  
 Residential Services: TL, LI, HI

## **SEACOAST**



**PORTSMOUTH**  
**Families First of the Greater Seacoast**  
 100 Campus Drive, Suite 12  
 Portsmouth, NH 03801  
 Phone: 603-422-8208 Ext. 150  
 Fax: 603-422-8218  
 Website: [familiesfirstseacoast.org](http://familiesfirstseacoast.org)  
 Outpatient Services: OP, MAT

**Seacoast Mental Health Center**  
**Portsmouth facility**  
 1145 Sagamore Ave  
 Portsmouth, NH 03801  
 Phone: 603-431-6703  
 Website: [www.smhc-nh.org](http://www.smhc-nh.org)

**Exeter facility**  
 30 Prospect Ave  
 Exeter, NH 03833  
 Phone: 603-772-2710  
 Website: [www.smhc-nh.org](http://www.smhc-nh.org)  
 Outpatient Services: OP, MAT (Co-occurring disorders)

**SOMERSWORTH**  
**Goodwin Community Health**  
 311 NH-108  
 Somersworth, NH 03878  
 Phone: (603) 749-2346  
 Fax: 603-749-2748  
 Website: [goodwinch.org](http://goodwinch.org)  
 Outpatient Services: OP, IOP, MAT

## **GREATER MONADNOCK**

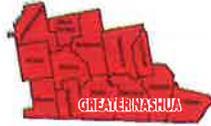


**DUBLIN**  
**Phoenix House Comprehensive**  
**Addiction Treatment Services**  
 3 Plerce Road  
 Dublin, NH 03444  
 Phone: 603-563-8501 option 1  
 Website: [www.phoenixhouse.org](http://www.phoenixhouse.org)  
 Outpatient Services: IOP  
 Residential Services: TL, LI, HI, RMAT

**KEENE**  
**Phoenix House Comprehensive Addiction**  
**Treatment Services**  
 106 Roxbury Street  
 Keene, NH 03431  
 Phone: 603-358-4041 option 1  
 Website: [www.phoenixhouse.org](http://www.phoenixhouse.org)  
 Outpatient Services: OP, IOP

## **GREATER NASHUA** **NASHUA**

**Greater Nashua Council on Alcoholism: Keystone Hall**  
12 & 1/2 Amherst Street  
Nashua, NH 03063  
Phone: 603-943-7971 Ext. 3  
Fax: 603-943-7969  
Website: [keystonehall.org](http://keystonehall.org)  
Outpatient Services: OP, IOP, PH, MAT  
Residential Services: TL, LI, HI, PPW, RMAT



**Greater Nashua Open Doors Program**  
615 Amherst Street  
Nashua, NH 03063  
Phone: 603-881-4848  
Fax: 603-598-3644  
Website: [www.keystonehall.org](http://www.keystonehall.org)  
Residential Services: SPOD

**The Youth Council**  
112 W. Pearl Street  
Nashua, NH 03060  
Phone: 603-889-1090  
Fax: 603-598-1703  
Website: [www.theyouthcouncil.org](http://www.theyouthcouncil.org)  
Outpatient Services: OP (*Adolescents*)

# Free Statewide Crisis, Intervention, and Referral Services



## **NH Alcohol and Drug** **TREATMENT LOCATOR**

The NH Alcohol and Drug Treatment Locator is a website directory where visitors can locate alcohol and drug treatment service providers in New Hampshire who offer assessments, withdrawal management, outpatient counseling, residential treatment, recovery supports and other services. Visit: <http://nhtreatment.org/>

**Do You Or Someone You Know Struggle  
With Addiction or Substance Use?**  
*Have questions about what to do next?*

**Your Recovery is Our Priority!**  
Call the NH Statewide Addiction Crisis Line  
**1-844-711-HELP (4357)**  
[hope@keystonehall.org](mailto:hope@keystonehall.org)



Confidential Judgment-free 24 Hours a day 7 Days a week

The NH Statewide Addiction Crisis Line (1-844-711-HELP (4357)) is a free, anonymous service that help callers:

- determine what level of treatment would be appropriate for them,
- understand the different types of treatment available, and
- Identify local services and options.

The Crisis Line's staff are trained to provide support and advice to callers when they are experiencing an alcohol, drug use or addiction-related crisis.

2-1-1 is an easy-to-remember telephone number that connects callers, at no cost, to information about critical health and human services available in their community. Visitors to 211's website can search its online database of community services that contains information for over 1,800 health and human service providers and 4,500 service locations.

# Treatment Facilities by Services

## **OUTPATIENT**

### **Outpatient**

Concord Hospital  
 Families First of the Greater Seacoast  
 Families in Transition  
 Farnum Outpatient Services (Manchester / Franklin)  
 Goodwin Community Health  
 Greater Nashua Council on Alcoholism  
 HALO Educational Systems, LLC  
 Headrest  
 Horizons Counseling Center (Gilford / Plymouth)  
 Phoenix House Comprehensive Addiction Treatment Services (Keene)  
 Seacoast Mental Health Center  
 Serenity Place  
 Southeastern NH Alcohol and Drug Abuse Services  
 The Youth Council  
 Tri-County CAP

### **Intensive Outpatient**

Concord Hospital  
 Families in Transition  
 Farnum Outpatient Services (Manchester / Franklin)  
 Goodwin Community Health  
 Greater Nashua Council on Alcoholism  
 Headrest  
 Horizons Counseling Center  
 Phoenix House Comprehensive Addiction Treatment Services (Keene / Dublin)  
 Serenity Place  
 Southeastern NH Alcohol and Drug Abuse Services  
 Tri-County CAP

### **Medication-Assisted Treatment**

Families First of the Greater Seacoast  
 Goodwin Community Health  
 Greater Nashua Council on Alcoholism  
 Horizons Counseling Center  
 Tri-County CAP

### **Outpatient Withdrawal Management**

Serenity Place  
 Southeastern NH Alcohol and Drug Abuse Services

### **Partial Hospitalization**

Farnum Outpatient Services (Franklin)

Greater Nashua Council on Alcoholism

Serenity Place

Southeastern NH Alcohol and Drug Abuse Services

## **RESIDENTIAL**

### **Transitional Living**

Farnum Outpatient Services (Franklin)  
 Greater Nashua Council on Alcoholism  
 Phoenix House Comprehensive Addiction Treatment Services (Dublin)  
 Serenity Place  
 Southeastern NH Alcohol and Drug Abuse Services

### **Low Intensity**

Farnum Outpatient Services (Franklin)  
 Greater Nashua Council on Alcoholism  
 Headrest  
 Phoenix House Comprehensive Addiction Treatment Services (Dublin)  
 Serenity Place  
 Southeastern NH Alcohol and Drug Abuse Services  
 Tri-County CAP

### **High Intensity**

Greater Nashua Council on Alcoholism  
 Farnum Outpatient Services (Manchester / Franklin)  
 Serenity Place  
 Phoenix House Comprehensive Addiction Treatment Services  
 Southeastern NH Alcohol and Drug Abuse Services  
 Tri-County CAP

### **Pregnant & Parenting Women**

Greater Nashua Council on Alcoholism

### **Residential Medication-Assisted Treatment**

Greater Nashua Council on Alcoholism  
 Phoenix House Comprehensive Addiction Treatment Services (Dublin)  
 Tri-County CAP

### **Withdrawal Management**

Farnum Outpatient Services (Manchester / Franklin)

### **Specialty Open Doors Program (SPOD)**

Greater Nashua Open Doors Program

## Description of Services

### OUTPATIENT

- **Outpatient:** Outpatient (OP) programs typically require regular counseling services at a clinic or facility and allow clients to return to their homes or other living arrangements during non-treatment hours.
- **Medication-Assisted Treatment:** Medication-Assisted Treatment (MAT) combines behavioral therapy and medications to treat substance use disorders
- **Intensive Outpatient:** Intensive Outpatient (IOP) programs typically requires participants to have a minimum of nine hours of therapeutic contact per week. An IOP may be structured for individual and / or group services and activities, according to an individualized treatment plan.
- **Outpatient Withdrawal Management:** Outpatient Withdrawal Management (OWM) is often provided by a physician's office, addiction treatment facility, or by home health care agency. Although the service is medically supervised, clients are permitted to return to their homes or other living arrangements during non-treatment hours. It is important that clients are motivated for treatment and have adequate in-home and community supports.
- **Partial Hospitalization:** Partial hospitalization is a combination of 20 or more hours per week of group and individual sessions in conjunction with medical and psychiatric services, psychopharmacological services, medication-assisted treatment, recovery support services and 24-hour crisis services.

### RESIDENTIAL

- **Low Intensity:** Low-Intensity (LI) residential treatment is designed to prepare clients to become self-sufficient in the community. Services include at least five hours of clinical services per week. Adult residents typically work in the community and may pay a portion of their room and board.
- **High Intensity:** High-Intensity (HI) residential treatment is designed to assist individuals who require a more intensive level of service in a structured setting including individual and/or group counseling, educational sessions, psychiatric, medical and medication management, as needed.
- **Pregnant & Parenting Women:** Pregnant & Parenting Women (PPW) treatment is specifically designed for expectant and parenting women with residential facilities that have been developed using a family-centered approach, and many times allow mothers to care for their young children on-site.
- **Withdrawal Management:** Residential Withdrawal Management (WM) is designed for clients who require 24-hour monitoring of their withdrawal symptoms, a structured, safe environment, and ongoing clinical and / or medical supervision. The length of stay is determined by an individual's needs and the severity of his or her withdrawal symptoms.
- **Residential Medication-Assisted Management:** Residential Medication-Assisted Treatment (RMAT) combines behavioral therapy and medications to treat substance use disorders in a supervised clinical facility.
- **Specialty Open Doors Program:** The Open Doors Program (SPOD) provides a wide range of services – including residential treatment services, outpatient treatment with supportive housing services, outpatient treatment with housing stabilization services, weekly individual or group counseling, case management and wrap-around services – to assist families reduce and remove barriers preventing them from fully participating in the work force and in the larger community.