



Pool Rules



LIFEGUARD ON DUTY

Entering the pool area outside of scheduled pool hours is prohibited.

- Lifeguards may use a swim test to assess swimming ability of patrons.
- No running, horseplay, spitting or throwing of objects in pool area.
- No diving, flips or somersaults from the deck.
- No food, gum or glass bottles allowed on pool deck.
- Eat at picnic table area only.
- No toys, lifejackets or flotation devices are allowed in the pool, unless part of a Rochester Recreation & Arena swim class.
- Lifeguards/staff only in designated areas. This includes lesson times.
- A shower must be taken before entering the pool.
- Prohibited items include alcohol, drugs, tobacco products and all vaping/electronic smoking paraphernalia.
- Anyone under the influence of drugs/alcohol is prohibited.
- Weapons of any kind are prohibited from the pool area.
- Shoulder-length hair or longer must be tied back.
- Lifeguard may remove anyone who appears to have an open cut, sore or rash or any signs of contagious disease. A doctor's note may be required to reenter the pool.
- No pets allowed. Service animals are welcome.
- All children under 3 years old and any patron who is not potty trained must wear a swim diaper when using the pool.
- **Children under 42" tall must be within arm's reach of a responsible adult/guardian while in the water. Each supervising adult may have no more than 3 children under 42" with them at a time.**
- **Children 11 years old and under must be accompanied by a responsible adult/guardian in the pool area at all times.**

Rochester Recreation & Arena staff reserve the right to dismiss or deny any patron use of the pool that refuses to follow the rules or compromises safety.

For pool hours and weather related closings please visit www.RochesterRec.com or call (603) 332-4120.