

## HOUSING

**The first thing to consider after a fire is where you will go and what you will need for a minimum of two days.**

- 1) Consider temporary housing options; family, friends, hotel, shelters, American Red Cross assistance, etc.....
- 2) If you have pets where will they go?
- 3) What items do you need immediately; medications, wallets/checkbooks, identification, valuables, important documents, contact numbers, etc....
- 4) Clothing and other fabric items if recoverable should be washed and cleaned immediately due to the contaminates.
- 5) Secure your home. If you are unable to secure your home you may require the services of a third-party company. RFD does not endorse or recommend any specific company.

- Temporary housing  
 Pet care  
 Medications and prescriptions  
 Identification, cash, cards and checkbook  
 Eyeglasses  
 Clothing  
 Other essential items  
 Secure house  
     \* 1-800-BoardUp: ( 800) 262-7387  
     \* SERVPRO: (603) 743-4301  
     \* Insurcomm: (603)430-7701  
     \* Other: \_\_\_\_\_  
 Clean any items removed from the home  
 Contact utility companies to disconnect services

## WELLNESS

**The experience of a fire is traumatic. Everyone experiences trauma in their own way. One person may feel angry while another may withdraw and have difficulty communicating. One person may start the process of rebuilding and one may be still grieving. Some may experience all of these feelings while others refuse to allow emotions to be experienced. The important thing to remember is that whatever you are experiencing is normal. Below are some suggestions to help you cope with the trauma you have experienced.**

Primary Care: \_\_\_\_\_

Counselor: \_\_\_\_\_

Clergy: \_\_\_\_\_

## CONTACTS

- Emergencies: 911  
 Suicide and Crisis Lifeline: 988  
 Rochester Fire: (603)335-7545  
 Rochester Police: (603) 330-7127  
 Rochester Welfare Dept.: (603) 332-3505  
 Rochester Share Fund: (603) 335-0011  
 American Red Cross: (800) 733-2767  
 Frisbie Hospital: (603) 332-5211  
 Power Company: \_\_\_\_\_  
 Heating Company: \_\_\_\_\_  
 Hotel: \_\_\_\_\_  
 Other: \_\_\_\_\_  
 Other: \_\_\_\_\_  
 Other: \_\_\_\_\_

## AFTER THE FIRE



**A Guide To Help  
You Through The  
First Few Hours**

# WHERE TO START

We recognize that a fire can be an emotional and traumatic experience. This pamphlet was designed to assist you through the first crucial steps after a fire occurs.

This is only a guide and does not cover all aspects of what you may need to do nor does it cover all resources that may be available to you.

The most important thing you need to do is to **determine what your temporary housing options will be if you are unable to return to your home. If you are unable to obtain temporary housing notify the Fire Department representative immediately or contact the American Red Cross.**

Residents Names: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Pets (Type/#): \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Property Owner: \_\_\_\_\_

Phone #: \_\_\_\_\_

Property Manager: \_\_\_\_\_

Phone #: \_\_\_\_\_

# INSURANCE

Next you will want to contact the insurance company to report the fire and any losses that you may have incurred. You will also want to obtain a copy of the fire incident report from the Rochester Fire Department.

Fire Dept. Incident #: \_\_\_\_\_

Date of Fire: \_\_\_\_\_

Time of Fire: \_\_\_\_\_

Insurance Company: \_\_\_\_\_

Insurance Phone #: \_\_\_\_\_

Insurance Policy #: \_\_\_\_\_

Items of Value Lost: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Notes: \_\_\_\_\_

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\_\_\_\_\_

# RETURNING HOME

Lastly, when you can return to your home you will want to make sure the environment is safe for you to enter and if it can be occupied.

It is likely that your home and your belongings will need to be evaluated and cleaned professionally.

\_\_\_\_\_ Is it safe to enter the home

\_\_\_\_\_ Is it safe to occupy the home

\_\_\_\_\_ Contact a cleaning and abatement company who specialize in fire, smoke and water damage

\_\_\_\_\_ Clean or replace all exposed clothing and personal items

\_\_\_\_\_ Do not use electrical appliances that have been exposed to fire, water or other hazardous conditions without being serviced

\_\_\_\_\_ Clean all furniture to include rugs and carpets

\_\_\_\_\_ Discard any open, exposed, thawed or contaminated food

\_\_\_\_\_ All other types of utensils, appliances, and items should be cleaned or replaced

\_\_\_\_\_ Contact your utility companies to restore services when it is safe to do so

Notes: \_\_\_\_\_

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